BEFORE INSTALLATION BATTERY
Before battery installation, select the desired mode of operation (lb or kg) by positioning the switch located on the bottom of the scale. Than place the scale on a hard, flat surface.

BATTERY INSTALLATION
a) Place the scale upside down on a flat surface.
b) Remove the battery door.
c) Attach a 9 volt alkaline battery onto the battery clip.
d) Replace the battery door to the scale.

TO WEIGH YOURSELF
a) When using the scale for the first time with a new battery, tap the scale once with your foot. It will go through an initialization cycle and display "C". The scale will switch off automatically and will now be ready to use.
b) Step onto the scale, the display will go through a cycle test and show "-----". There will be a beep sound when your weight is displayed. The voice program will also announce your weight simultaneously. Do not get off scale until weight is announced.

ADJUSTING VOLUME
Open the battery door, adjust the volume switch between "HI" to "OFF" to get your best selection.

LOW BATTERY INDICATION
Your scale is equipped with a low battery indicator to avoid the possibility of obtaining an inaccurate reading. When scale is turned on the display will show "LO" indicating that the battery is too weak to power the scale. Replace the battery with a fresh 9 volt alkaline battery when this occurs.

ERROR INDICATION
a) "E" will appear if the weight on the scale exceeds the maximum capacity.
b) If the weighing cycle is interrupted, "C" will appear to indicate an incorrect reading. Please repeat the weighing cycle to obtain a correct reading.

TAKING CARE OF YOUR SCALE
Periodically, wipe the unit with a damp cloth. (DO NOT USE ABRASIVE CLEANERS THAT COULD MAR THE FINISH). Other than the recommended cleaning and battery replacement, no further user maintenance is necessary.